

ALWAYS & FOREVER



INFORMATION PACKET 2025 - 2026





WELCOME

Thank you for your interest in Prodigy All-Stars! As we gear up for another exciting season we wanted to share some important updates and insights that reflect our commitment to excellence in all-star cheerleading.

A Legacy of Success

Since our inception, Prodigy All-Stars has experienced remarkable growth and success, with over 30 NCA National Titles, 3 World Champion Titles & hundreds of National Titles. This achievement is a testament to the hard work and dedication of our athletes, coaches, and families.

Our Facility

We are proud to call our Cypress, Texas location home. With a state-of-the-art 20,000 sq ft facility, we offer:

- 5 full-size cheer floors
- 2 in-ground trampolines
- Resi pits & In-ground rod floor

Developing Tomorrow's Leaders

At Prodigy All-Stars, we believe in nurturing not just exceptional athletes but also future leaders. Our dedicated coaching staff is committed to instilling values such as teamwork, integrity, work ethic, commitment, and sportsmanship in every athlete. We take pride in guiding our cheerleaders in their journey, both inside and outside the gym.

Looking Ahead

As we embark on our 19th season, we are excited to witness the growth and achievements of our athletes. Together, let's make this year another fantastic and successful chapter in the Prodigy All-Stars story!

Commitment to Excellence

This package serves as a resource for families to understand the commitment required for all-star cheerleading. We encourage you to carefully review the information provided and reach out with any questions. Your support and dedication are essential for our continued success.

We are excited to have you and your athlete being a vital part of our community. We look forward to seeing you in the gym!





TRYOUTS

FLYERS ONLY

Wednesday
May 7th, 2025
7:30pm - 9:30pm

LEVEL 4, 5 & JR 6

Thursday
May 8th, 2025
5:30pm - 9:30pm

LEVEL 2 & 3

Friday
May 9th, 2025
5:30pm - 9:30pm

PREP

*PREP ELITE

LEVEL 1 ELITE

**backwalkover is required for Prep Elite*

WORLDS

Saturday
May 10th, 2025
1:00pm - 4:00pm

LEVEL 2 - JR 6

Saturday
May 10th, 2025
9:00am - 1:00pm

MAKE UP





TRYOUTS

Tryout Process

All athletes must register for their appropriate level tryout via our Snap App and pay a \$25.00 tryout fee.

Private tryouts may be scheduled for a \$40.00 private evaluation fee.

Following evaluations athletes will be placed in team-like groups according to age & skill level. Coaches will then begin to start the team finalization process for the season.

Athletes will practice in their team like groups as coaches continue to make decisions on team placements. Attendance is critical during our tryout process, as it allows coaches to fairly and accurately assess each athlete's skills, performance, and overall fit within potential team placements. Consistent participation ensures your athlete is seen, evaluated and considered for the most appropriate team based on their abilities. Please understand that frequent absences during this period may impact placement decisions, as it limits our ability to make fully informed evaluations. Please understand that athletes will be moved through the season and team placements are never static.

In the Elite Program, the best athlete for the position will be utilized which can result in athletes moving positions or being placed on a different team. We utilize alternates for Elite teams, if you do not wish to accept an alternate position please do not agree to it.

Individual team training schedules will be released after teams have been finalized. Our new schedule will go into effect Monday, May 12, 2025 and we will officially begin our 19th season of team training.

Please review the Skill Requirements by level listed in the following pages of the packet. Athletes will be required to perform: two (2) of the three (3) Advanced skills and at least one (1) Elite skill.

Tryout Attire

Athletes trying out should wear athletic practice clothes and cheer shoes of their preference. We ask that long hair be in a high ponytail with a bow if possible. Hair that cannot be in a high ponytail must be off the athletes face in a fashion that does not cause a safety issue for stunting & tumbling.





SKILL REQUIREMENTS

Novice / Prep

Standing Tumbling

Forward Roll
Backward Roll
Handstand

Running Tumbling

Cartwheel
Cartwheel Backward Roll

Prep Elite

Standing Advanced

*Back Walkover
**required for Prep Elite*

Running Advanced

Cartwheel BWO
FWO

Standing Elite:

BWO Series
BWO Switch Leg

Running Elite

Cartwheel BWO Series
FWO Cartwheel





SKILL REQUIREMENTS

Elite Level 1

Standing Advanced

BWO Back Extension Roll
Backward Roll BWO Backward Roll

Standing Elite:

BWO Series
BWO Switch Leg
Valdez
Back Extension Roll BWO

Running Advanced

RO
FWO

Running Elite:

FWO RO
FWO Cartwheel BWO
Cartwheel BWO Series
Handstand Forward Roll CW BWO

Elite Level 2

Standing Advanced

BWO BHS
BWO BHS Step out
BHS Step out BWO

Standing Elite:

BWO BHS Step Out BWO
BWO Switch-leg BHS
BHS Step Out BWO BHS
Valdez BHS

Running Advanced

RO BHS Step Out
Cartwheel BHS Step Out
Front Handspring

Running Elite:

Bounder/Flyspring
RO BHS Series
Cartwheel BHS Step Out BHS



SKILL REQUIREMENTS

Elite Level 3

Standing Advanced

BWO BHS Series
Toe Touch BHS BHS
Standing 3 BHS

Standing Elite:

BHS Step Out BHS Series
BHS Step Out BWO BHS BHS

Running Advanced

Punch Front
RO BHS Series to Back Tuck

Running Elite:

FWO Ariel
RO BHS Back Tuck
FWO RO to Back Tuck
FHS Punch Front

Elite Level 4

Standing Advanced

Back Tuck
2 BHS to Tuck
BWO Back Tuck

Standing Elite:

BHS Back Tuck
BHS Step Out Back Tuck
Toe Touch BHS Tuck

Running Advanced

RO Whip BHS Tuck
Punch Front Step Out RO BHS
Back Tuck

Running Elite:

RO BHS Layout
FWO RO BHS Layout
Punch Front Step Out RO BHS Layout
RO Whip Back Tuck



SKILL REQUIREMENTS

Elite Level 5

Standing Advanced

Toe Touch Back Tuck
BHS Series to Layout
BHS Whip BHS Back Tuck

Standing Elite:

BHS Whip Back Tuck
BHS Layout
Toe Touch BHS Layout
BHS Whip BHS Layout

Running Advanced

RO Arabian
RO BHS Series to Full

Running Elite:

RO BHS Full
FWO RO BHS Full
Punch Front Step Out RO BHS Full
RO Arabian Step Out RO BHS Full

Elite Level 6

Standing Advanced

BHS Series to Full
Toe Touch BHS BHS Full
BHS Whip Full
BHS BHS Double Full

Standing Elite:

BHS Full
Standing Full
Toe Touch Standing Full
BHS BHS Double Full
BHS Series Whip Double Full
BHS Whip Double Full
BHS Series Double Full Whip Double Full

Running Advanced

RO Whip BHS Full
RO Whip Full
Punch Front Step Out to Full

Running Elite

RO BHS Double Full
Punch Front Step Out RO BHS Double Full
RO Whip Double Full
RO Arabian RO BHS Double Full
RO BHS Full Whip Double Full
RO BHS Double Full Whip Double Full
RO BHS Double



PRACTICE INFORMATION

Team Practices

Team reveals will be
Saturday June 7th, 2025
with team practice beginning
immediately after.



Elite Teams

Elite All-Star teams will practice a minimum of two (2) times per week. Once school starts it is common for teams to add additional practices depending on team needs. Practices may be as many as six (6) days per week if necessary to prepare for competition. There is no additional fee for practice times added to the elite team schedule.

Show/Prep/Novice & Prep Elite Teams



Our Show team is for ages 4-7 (birth years 2018-2021). The team practices one (1) time a week for one (1) hour.

Our Prep/Novice teams are divided into four (4) different age divisions to make sure all of the athletes are in the best environment and peer group to succeed. Teams practice one (1) time a week for two (2) hours.

Our Prep Elite teams practice two (2) times a week. There will be a two (2) hour practice and a three (3) hour practice.

All Show / Prep/ Novice & Prep elite teams may have occasional additional practices during the competition season there is no additional fee for added practices.



REGISTRATION INFORMATION

Registration

There is an annual Prodigy All-Stars registration fee of \$50.00.

This includes two (2) Prodigy All-Stars t-shirts for the athlete, and one (1) car decal. Registration shirts will be worn at competitions, if lost you will be required to purchase a new one. Additional t-shirts can be purchased for \$25.00 and car decals for \$10.00 through the Cheer Office.

If you have more than one athlete:

2nd child: \$35.00 & includes two (2)

Prodigy All-Stars t-shirts

3rd child: \$25.00 & includes two (2)

Prodigy All-Stars t-shirts

Every athlete must be registered with USASF to compete at all competitions.

Athletes age 18 (in the cheer season) and older must complete their USASF background screen/abuse prevention and awareness training and receive a green light in their member portal prior to attending team practices.

This is a USASF and US Center for Safesport requirement.





SUMMER CAMP INFORMATION

Tumble Camps

Summer Tumble Camps are projected for the following dates:

June 12 - June 14, 2025

Stunt Camps

Summer Stunt Camps are projected for the following dates:

June 16 - June 20, 2025

Choreo Camp

Summer Choreo Camps are projected for the following dates:

July 7 - July 13, 2025

July 21 - July 27, 2025

August 4 - 6, 2025

August 11 - 20, 2025

Specific team information and timing will be released after team reveals.

*Tumbling, Stunt & Choreo Camps are mandatory for
Prep Elite & Elite Teams.*

*Tumble Camp is optional for Prep athletes and they can be registered for an additional fee.
Please contact the office to register: office@prodigyallstars.com.*





FINANCIAL COMMITMENT

Payment Options

Prodigy All - Stars offers two (2) separate options for payment. You may choose to enroll in the auto pay plan or you may pay your tuition and balanced billing payments manually with:

VISA / MASTERCARD / DISCOVER

(credit cards only)

If you sign up for the auto pay plan, your monthly tuition will be charged to the card on file on the 2nd of each month and you will receive a \$15.00 discount. Your other expenses will be charged on the 15th of the month in which they are due. You may however continue to pay your monthly tuition as it is due with a credit card only. If your tuition/balance billing payments are not paid by the 5th/15th, your credit card on file will be charged on the 6th/16th with a \$25.00 late fee per payment. Tuition does not change based on the number of practices in any particular month.

When you accept a position on the team you are agreeing to a season-long financial obligation. We offer a Balance Billing Program option (BBP) for your family to help in paying the contract amount in installments. There are no refunds available. If you dispute a credit card charge that is in accordance with your season contract, your athlete(s) will be removed from their active roster. Any balance due on the contract will become immediately payable.

Tuition Discounts:

20% discount for the 2nd child in Prodigy All-Stars

50% discount for the 3rd child in Prodigy All-Stars

Tuition pays for training. It does not pay for the right to compete or to be a member of any particular team or competition level. Prodigy All-Stars athletes earn the right to compete through their hard work.





FINANCIAL COMMITMENT

Monthly Tuition Requirements

Division	Tuition	Auto Pay Tuition	Team Training
Level 1 - 4	\$240/month	*\$225/month	\$50/month
Level 5 - 6	\$260/month	*\$245/month	\$50/month
<i>*This tuition applies for those accounts set-up on Prodigy All-Stars auto pay plan</i>		<i>*Team training is mandatory for all levels*</i>	

"Team Training" is for Elite teams only and will be utilized for each team's specific needs in regard to their competition season progress. This hour will be dedicated to whatever each team is in need of at that particular time in the season. Whether it be focused on stunt, pyramid, basket, tumbling, jump and/or dance training each Elite All-Star team receives this extra hour of training.

Division	Practice Hours	Tuition	Auto Pay Tuition
Show Team	1 hour / week	\$135 / month	*\$120 / month
Prep / Novice	2 hours / week	\$165 / month	*\$150 / month
Prep Elite	5 hours / week	\$290 / month	*\$275 / month
<i>*This tuition applies for those accounts set-up on Prodigy All-Stars auto pay plan</i>			





FINANCIAL COMMITMENT

Balance Billing Program

In addition to the monthly tuition, Prodigy All-Stars has created a Balance Billing Program for all the additional expenses that are associated with competitive cheerleading. The cost for estimated competition fees camp/music/choreography fees, spirit gifts, bow, shoes, and practice wear have been added together so that payments may be broken out into six (6) or eight (8) installments depending on level.

The balance billing payment for all athletes is due and payable on the 15th of each month beginning with May 15, 2025. With the final payment being due on October 15, 2025 for Show/Prep/Novice teams and December 15, 2025 for Prep Elite & Elite teams.

****Uniforms are NOT included in the balance billing and will be billed separately on May 15, 2025****

****Pricing will be available in the registration paperwork at the time of registration.**

ALL teams with exception of Moonlight will be getting new uniforms this season.

If your athlete does NOT need a new uniform this season, please email:
angie@prodigyallstars.com with your athletes name with the subject "NO UNIFORM NEEDED"

Any account over 30 days in arrears will result in your account being placed on hold status. Only accounts that are in active status are able to have their athletes participate in practices and competitions. If you need to make alternate financial arrangements please contact the front desk.

PLEASE NOTE: Tuition, annual expenses, additional expenses, Summit, Worlds & Sponsorship money are not refundable for any reason (including, but not limited to: dropping from the program, removal from the program, changing to an alternate status, injury etc).

Season 19 Balance Billing Breakdown

	Level 1	SKY	Level 2-4	Level 5 -Jr. 6	WORLDS
Monthly Breakdown	\$323.00	\$343.00	\$356.00	\$382.00	\$398.00
Number of Months	8 months beginning May 15, 2025 ending December 15, 2025				

	Show Team	Prep Team	Novice Team	Prep Elite
Monthly Breakdown	\$228.00	\$228.00	\$228.00	\$239.00
Number of Months	6 months beginning May 15, 2025 ending October 15, 2025			8 months May 15, 2025 - Dec. 15, 2025



COMPETITIONS

Competition Fees are Non-Refundable

A lot of effort is put into competition routines. If your athlete decides to quit, or otherwise miss a competition for any reason, we must find a replacement and prepare them for the competition. As a result, competition fees will not be refunded even if your athlete leaves their team prior to the competition or otherwise does not attend the competition for any reason.

Throughout the season, it is essential for athletes to maintain their current skill set and continue progressing in their development. Consistent effort, growth, and accountability are key to individual and team success. Athletes who do not uphold the skills demonstrated at the time of team placement may be reassigned to a more appropriate team at any point during the season to ensure the integrity and success of our program.

Each Prodigy All-Stars Prep Elite & Elite competitive team will be scheduled for three (3) mandatory "in house camps" that are team and routine specific. Athletes must attend all camps with their teams. Camp dates and times will be released to you by the coaching staff and communicated via Stack Team App after team placements have been released.

All camps allow us to work on squad unity and skill building, because of this, all camps are mandatory. We ask that any summer vacation plans be scheduled accordingly to ensure athlete attendance.



Competitions

Elite teams participate in one (1) to three (3) Regional Competitions and three (3) to five (5) National Competitions. National Competitions can require travel out of town and a one (1) to three (3) night stay in a hotel. It is mandatory for all athletes to stay within the Team Travel Source (TTS) block for all Stay to Play Competitions. We will be required to submit a listing of all our athletes and where they are staying in order to be compliant for those specific competitions. This is a competition requirement and Prodigy All-Stars does not receive any financial benefit from this program. If an athlete is not registered through the required housing company, they will not be eligible to compete. The competition schedule and fees will be finalized by August 1, 2025. Last minute changes may occur, and competitions can either be added or pulled from the schedule.

Please note: some National Competition schedules include a Friday and/or Monday competition time. This will require a parent to miss work and an athlete to miss school.



COMPETITIONS

Show/Prep/Novice

All show/prep/novice teams will be participating in a Show-Off, plus three (3) additional competition. Prep Elite teams will be participating in a Show-Off plus four (4) additional competitions. The competition schedule for all teams will be published by August 1, 2025. We try to set this schedule as early as possible. However; it may change due to circumstance outside of our control. If any changes are made you will be notified through the Stack Team App. Please note: competition fees are non-refundable even if your athlete leaves their team prior to the competition or otherwise does not attend the competition for any reason.



Athlete Dress Code

Please remind your athlete that while at the competition he/she is representing Prodigy All-Stars and they need to respect the Prodigy All-Stars rules. When arriving at any competition athletes must arrive in full competition style hair and makeup.

Athletes may wear any of the following options:

Complete PA Warm Up

Complete Uniform

Current PA Issued Team Hoodie

Current Team or Prodigy T-Shirt over PA Uniform

If you have an **NCA Jacket** you may wear it but **no other National Jackets are allowed**

Absolutely no random clothes, no pajama pants or competition spirit wear.





UNIFORMS & PRACTICE WEAR

Uniforms

Prodigy All-Stars will provide two (2) separate fitting dates for those athletes needing to purchase new uniforms. Uniforms are a custom design order. Therefore, parents and athletes should expect an 8-12 week turn around time for delivery.

If your athlete needs to purchase a new uniform the payment for the uniform will not be included in the balance billing program. You will be billed separately for a new uniform if needed. Please note, if your child does not make it to one of the regularly scheduled fittings their uniform may not be in by the first competition. A custom uniform takes 8 - 12 weeks to come in and cannot be ordered until your athlete has been sized. If your athlete already has a uniform, you will not be billed anything additional. Uniform pricing will vary depending on the level of the athlete. Please refer to your rules and policies in your registration forms for pricing.

*Please note that Prodigy All-Stars reserves the right to buy back any uniform before it gets delivered.

Competition uniforms for all teams/levels are custom designed for Prodigy All-Stars. However, they are not custom-tailored uniforms. Alterations to ensure a proper fit may be required at an additional cost assumed by the athlete and/or their parents.

Fitting 1

July 7 - 10, 2025

5:30pm - 8:30pm

Fitting 2

August 11 - 14, 2025

5:30pm - 8:30pm



Practice Wear

Practice wear is the athletes work out attire and is required at every practice. All Show/Prep/Novice athletes will have (1) required set of practice wear. All Prep Elite & Elite competitive squads Levels 1 - Level 4 will have two (2) required sets of practice wear. Levels 5 & 6 athletes will have three (3) required sets of practice wear. No other team specific practice wear will be allowed. Prodigy All-Stars practice wear is included in your balance billing payment.

Warm-Ups

We offer Prodigy All-Stars warm-ups which are allowed on the competition floor during awards. Maintaining a consistent image across all teams within Prodigy All-Stars is crucial for brand recognition within the cheerleading community. Warmups are \$230.00 and can be purchased in the PA Proshop.

Shoes

Athletes will be required to purchase custom PA Logo black shoes to wear at competitions for uniformity with the uniform while on the competition floor. This fee will be included in your balance billing payment.

Please note: your account must be current in order to receive spirit wear, bows, uniforms, practice wear, shoes and spirit gifts. These items will not be handed out if there is a balance on your account. Any funds paid can/will also be reallocated to first cover tuition then balance billing in the event of an account balance.



ATTENDANCE

Attendance Policy

Once placed on a Prodigy All-Stars team, it is your responsibility to attend all practices. Additionally, all regular and extra practices scheduled are mandatory. We understand that athletes will miss practices due to illness, family events, school activities, vacations etc. However, if an athlete's absences begin to negatively impact their individual training, their stunt group training, or the overall progression of the team the Prodigy All-Stars coaching staff reserves the right to shift athletes on/off for excessive absences. For your athlete and their teammates to stay on track with their training and season expectation of progression, attendance is mandatory.

Extra Practices

It is normal for teams to be scheduled for extra and / or extended practices throughout the year. You will receive extra and / or extended practice notifications through the Stack Team App. The majority of the extra and/or extended practices will be called during competition season (September - February). As the season progresses teams can often add an additional practice day and / or extended hours.

Extra and/or extended practices are mandatory.



Vacations

Please plan any summer vacation(s) so they do not conflict with the camp dates posted in this packet. All vacation dates are to be submitted to your team coaches ASAP so they can plan practices accordingly. Tuition holds your athlete's spot on their team and therefore cannot be prorated due to vacation, no matter the length. Please refer to our holiday schedule outlined below for all scheduled holiday closures.

2025 - 2026 Holiday Schedule	
Mother's Day	Sunday May 11, 2025
Memorial Day	Friday May 23 - Monday May 26, 2025
Father's Day	Sunday June 15, 2025
July 4 th Holiday	Monday June 30 - Sunday July 6, 2025
Labor Day	Friday August 29 - Monday September 1, 2025
Thanksgiving Break	Sunday November 23 - Saturday Nov 29, 2025
Winter Break	Sunday December 21 - Saturday January 3, 2026
Spring Break	Sunday March 8 - Saturday March 14, 2026
Easter	Sunday April 5, 2026



GENERAL INFO

Team Spirit Gifts

Show/Prep/Novice teams will receive one (1) spirit gift while the Prep Elite & Elite teams will receive two (2) spirit gifts this season directly from Prodigy All-Stars. The first will be a full bling sports bra specific to their team name and theme. This gift will be included in your balance billing payment. The second gift will be a team specific bling hoodie. Hoodies will be \$110.00, charged on September 15, 2025 in addition to the standard balance billing payment. Show/Prep/Novice athletes may purchase a team hoodie from the Pro Shop. Maintaining a consistent image across all teams within Prodigy-All Stars is crucial for brand recognition within the cheerleading community. By limiting gifts to two (2) specific items, parents can better manage and prevent unexpected expenses throughout the season. This approach allows us to allocate resources effectively while providing meaningful gifts to team members.



Use of Prodigy All-Stars Name & Logo

In an effort to maintain a consistent professional image of Prodigy All-Stars, the use of the Prodigy All-Stars name, all logos and icons is limited to Prodigy All-Stars. Anyone within the Prodigy All-Stars family that wishes to order products, custom items, or apparel for themselves or their team that will exhibit the program name, logos, icons, team names, team slogans, or team icons must do so through the PA Pro Shop. We will not allow any items to be designed with our PA logo, Prodigy All-Stars Logo, Prodigy All-Stars name, any or our team names or team icons for any reason.

If you are found with any items that contain the gym logos, gym name, team names, team slogans, or team icons not produced by Prodigy All-Stars it will result in a \$150.00 fine on the first offense and a \$300.00 fine on the second offense to the credit card on file.



Pro Shop

All spirit wear, accessories and Prodigy All-Stars attire can be purchased in our Pro Shop or online at:

www.paproshop.com

or

www.prodigyallstars.com

[click the Pro Shop Link](#)



CONNECT WITH US

StackTeam App

Stack Team App will be the official app for all news, important events, team practices and competitions directly to your phone calendar. Please download the app using the instructions below:

- 1) Visit the APP store
- 2) search for " Stack Team App" INSTALL
- 3) search in StackTeam App for "Prodigy All-Stars"
- 4) send a request to be a member
- 5) in the comment section add your athletes first name - last name - and team name
- 5) once verified we will accept your request

Contact Info

Program and team related inquiries:

trey@prodigyallstars.com

Office related inquiries & Billing Questions:

office@prodigyallstars.com

Housing - Uniform & Administrative Questions:

angie@prodigyallstars.com

